

QAQG Kawandi Quilt Supply List
Nora Hekkers September 8th 2022



I learned to make Kawandi quilts from quilter Sujata Shah who writes “a Kawandi is a utility quilt made by African Diaspora/Siddi community of India. A spool of thread and a needle, few scraps, and mindful stitching combined with a simple technique are the only elements needed for this age-old art of quilting.” You can find out more about Sujata at <https://therootconnection.blogspot.com/p/blog-page.html>. You can also find out more about Kawandi’s in a video produced by Joe Cunningham featuring Margaret Fabrizio at <https://www.youtube.com/watch?v=Jw1MwU7DRMg> on You Tube

Supplies for a Kawandi quilt:

- Thread for basting
- Scissors
- Embroidery needles – Bohin France Embroidery #7 or your choice
- Embroidery threader – I use Clover
- Perle cotton thread (I use #8) for hand stitching with appropriate needle with larger eye – traditionally white or cream or neutral thread but your choice.
- Finger grips for pulling needle thru layers of fabric
- Rectangular piece of lightweight fabric (13” X 19”) for backing if you want placemat size, or 22” x 22” square if you want to make one like mine
- Rectangular piece of thin batting or flannel or soft cotton fabric (12” X 18”) for placemat size, or 21”x 21” if you want to make one like mine
- Colorful lightweight fabric scraps - solids or prints or both

Prep before the workshop if you have time

Place the batting over the wrong side of backing. Fold the edges over the batting and hand-baste the folded edges with 1/2 inch long basting stitches that you can remove later.