

## **QAQG Kawandi Quilt Supply List Nora Hekkers September 8, 2022**

I learned to Kawandi quilts from quilter Sujata Shah who writes “a Kawandi is a utility quilt made by African Diaspora/Siddi community of India. A spool of thread and a needle, a few scraps, and mindful stitching combined with a simple technique are the only elements needed for the age-old art of quilting.”

You can find out more about Sajata at <https://therootconnection.blogspot.com/p/blog-page.html>

You can also find out more about Kawandi's in a video produced by Joe Cunningham featuring Margaret Fabrizio at <https://www.youtube.com/watch?v=JwU7DRMg> on You Tube.

### **Supplies for a Kawandi:**

- Thread for basting
- Scissors
- Embroidery Needles - Bohin France Embroidery #7 or your choice
- Perle cotton thread (I use #8) for hand stitching with appropriate needle with larger eye - traditionally use white or cream or neutral thread but your choice
- 13” x19” rectangular piece of lightweight fabric for backing if you want placement size. Or 22” x 22” square if you want to make one like mine
- 12” 18” rectangular piece of thin batting or flannel or soft cotton fabric for placement size, or 21” x 21” if you want to make one like mine
- Colorful lightweight fabric scrapes - solids or prints or both

### **Prep before the class if you have the time**

Place the batting over the wrong side of backing. Fold the edges over the batting and hand-baste the folded edges with 1/2 inch long basting stitches that you can remove later.